May 31, 2026
The Call To Quiet
1 Thessalonians 4:9–12

This week, Cole Griffith, Associate Pastor for College Students, taught from 1 Thessalonians. In these verses, he expanded on three points:

- Redirect Your Ambition
- Mind Your Own Affairs
- Work With Your Own Hands

GOING DEEPER:

- Even when we long to live a life characterized by quiet, our world is full of noise. We feel our hearts race as we strive to achieve and make a name for ourselves; our hearts beat rapidly at the latest news from all over the world. How do you react when the noise becomes overwhelming?

- Our Associate Pastor for College Students, Cole Griffith, explained three instructions from Paul in 1 Thessalonians 4:11–12 as we seek quiet in the noise of our world. The first instruction is for us to redirect our ambition toward living a quiet life. We are tempted to orient ourselves toward our own ambitions and goals. We have the tendency to want to be the main character ("main character energy") in all things and cast everyone else in our lives as supporting characters. But the story of Scripture is the better story of our God, who cares for us too much to allow us to write our own story. How can you give up the "pen" of your own authorship and allow God to write the better story of your life?

- The second instruction is to mind our own affairs (1 Thessalonians 4:11). We tend to overlook the noise we are making and point out the noise others are making instead. Jesus taught us about how easy it is to see the speck in another's eye without seeing the log in our own. This is the call to live in quiet contentment. Jesus is here, and He is in control. We are called to serve others and play a supporting role. Who is in your life who shows up in every season, every time you need encouragement, comfort, and guidance? How are you engaging in the quiet support of another person, wanting that person to be formed in the image of Jesus?

- The third instruction is to work with our hands in whatever the Lord has called us to do professionally (1 Thessalonians 4:11). Our call is to do the best we can with our two hands, entrusting the rest into God's hands. We do this by being engulfed in the story of Jesus, not in our own strength. Jesus subjected Himself to His Father's will being done in His life. What is the connection between the way you love others and the truth you are telling about God? How can you change your schedule this week to be more engulfed in the story of Jesus, who died for you, was resurrected, is seated at the right hand of the Father (where He holds all things), and who will come again to this world and restore it to His peace and quiet?

ADDITIONAL RESOURCES:

- To view past sermons, please click **here.**

The LORD bless you and keep you; the LORD make his face shine on you and be gracious to you; the LORD turn his face toward you and give you peace. Numbers 6:24–26

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