March 17, 2019
“What Do You Do With The Mad You Feel?”
Matthew 5:21-24

This week, Pastor David continued the “Sermon On The Mount” series. Re-read those verses as you consider these questions.

• What are some of the sources/results of anger in our culture? Where do you experience anger in your own life?

• How does what Jesus tells us about anger/reconciliation differ from what our culture says about them?

• Describe how “righteous anger” is different from the sinful anger Jesus warns against in this passage.

• Think of a time when your words have caused pain/anger? What could those words indicate about the state of your soul?

• Has God revealed someone to you that you need to reconcile with? What is your response to that revelation?
In your time with God this week,

1. **Thank God** for giving us clear instructions about how we are to interact with others.

2. **Ask God** to help you take the first step toward stopping the “crack” of anger in your life.

3. **Commit** to take a step toward reconciliation with the person(s) God has revealed to you.
ADDITIONAL DISCOVERY:

“You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire. So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.” Matthew 5:21-24

“Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil.” Ephesians 4:26-27

“I tell you, on the day of judgment people will give account for every careless word they speak,” Matthew 12:36